

Emerald Valley Mothers of Multiples



President – Kelley Mendoza

kmendozaslp@gmail.com

Hello! I'm very excited about my 2nd year as President of Emerald Valley MoMs! Most of you know me but if you don't, here's a little bit about myself. I have been a member of EV for 6 years. My husband Mike and I have been married for 17 years. We have 7 year old b/g twins, Lily and Zac in the 2nd grade and 10 year old Charlie in the 5th grade, all at St. Albert the Great. I am a speech-language pathologist for the Orange Schools. I work with students in grades 8-12 and beyond, who have communication and language difficulties. I absolutely love my job, my colleagues and especially my students. I live in North Royalton and love having my summers off to spend with my family. My family enjoys swimming, skiing, snowboarding, playing baseball, basketball, golf and cheer. We LOVE to be busy! I joined EVMOMC in February 2012 and have enjoyed every year since. I love the on-going support, awesome friendships, social outings, education and philanthropy which the club offers. I have been involved as Secretary, 2 terms as 2nd Vice President and now my second year as President. I am also the Budget Chairman at the state level for OFMOTC. I encourage each of you to take advantage of the many things offered within our club. The benefits are PRICELESS!

Convention in Canton in June, was quite the blast! Eight of us sure had "Fun at the Fair"! Katy Baddorf, our Mother of the Year, represented Emerald Valley and competed against some amazing MoM's for the state title of Mother of the Year. Also very exciting, Emerald Valley, once again, earned a gold ribbon and a total of **445 points** for our recognition report! In July, we had our executive board and general board meeting. We accomplished a lot and talked about some awesome new ideas and changes for the 2018-2019 club year! We are looking forward to sharing these ideas with all of you at our September 4th meeting. Thank you to all those who came to walk together in the Twinsday Double Take Parade themed "Two-Player Mode." We sure had some adorable video game character costumes! Also in August, we held our Annual Membership Drive and Summer Fun Party complete with ice-cream novelties at the North Royalton park. Even though the weather wasn't the best, we did have a few families come out and play.

Please join us on **September 4th** at 6:45pm as we reconvene our monthly meetings in Anderson Hall at Southwest General Hospital. Don't forget to bring money so you can renew your membership and be entered into a drawing for a \$25 gift card!



September 2018

Reminders:

Meeting Location:
**SW General Hospital in
Anderson Hall meeting
room located in the
Free garage parking.
Use garage elevators
to HB then follow signs
to Anderson Hall room**

**After meeting social at
Two Bucks in Middleburg**

**FALL PARTY!!
9/30/18, 1PM-6PM
RAMSEYER FARMS!**

Mailing Address:

**EVMOMC
PO Box 30433
Middleburg Hts., OH 44130**

Visit Our Web Site:

www.evmomc.org

**Search "EVMOMC" on
Facebook - Public Page &
Members Only Page**

Newsletter Editor:

**Kimberly DeGross
Kimberly.r.degross@gmail.com**

1st Vice President – Kim Baga

kimberlybaga@hotmail.com

Welcome back! For our September meeting, we'll review our end of the year survey from last year and our initiatives for this year. This is my 4th year as an EVMOMC member. I joined when my boy/girl twins were a few weeks old. I'm looking forward to a fun-filled 2018-2019 year!

2nd VP/Membership – Jeanette Louis

noahark6405@yahoo.com

Thank you to everyone that was able to join us at the North Royalton Playground for our annual Membership Drive. We had 7 current families and one potential member who attended, which gave us a total of 21 people. It was a very fun time despite the rain. Thank you to Kelley Mendoza who put the planning and effort into the event.

Thank you to each member who has renewed their membership for the 2018-2019 club year. There were 7 members who renewed at the membership drive. If you have not renewed yet, you still have a few more opportunities to do this. I will be collecting dues at the first two meetings on September 4 and October 2. If you are unable to make it to either of these meetings, you may mail in your membership form and dues to our P.O. Box. The membership form can be found attached to this newsletter. Renewal is \$20. If your multiples are kindergarten or older AND you have been a member for at least one year, than the renewal is only \$15. If you have been a member for 10 years or longer, the renewal is only \$10.

I have flyers and business cards available if you need them. They can be passed on to those multiple moms that you meet when you are out and about. Please feel free to pass on any information that you may get from new moms that you meet. I will be happy to contact them to give them more information about the club and personally invite them to one of our upcoming meetings. You can reach me at 216-210-4749 or noahark6405@yahoo.com.

Treasurer - Katy Baddorf

smylz89@yahoo.com

I am happy to return to my position as treasurer this year. As I am writing this, my house is quiet for the first time in 6 years – my older 4 are in first grade and Evan is napping. It is so nice to have something to do to stimulate my mind.

If you are a general board member and did not receive a copy of the updated budget, please let me know so that I may forward it to you. There are a few changes that have been made, so please look over it.

Keep using our Amazon Smile account when making purchases on-line through Amazon. Use the link <https://smile.amazon.com/ch/34-1248997> to get directly to our club's page. Feel free to share it with any friends and family that shop through Amazon. Our group gets a percentage of qualifying purchases sent directly to our bank account each quarter.

Original receipts must be submitted for expense reimbursement requests. No photocopies! Membership dues, receipts & correspondence can be given to me at meetings or can be mailed to:

EVMOMC

PO BOX 30433

Cleveland, Ohio 44130

Secretary – Sheri Bickerton

sheri.bickerton@yahoo.com

September is not only the return of club meetings but schools are back in session too! Austin & Brandon are in 5th grade - last year of elementary school. It seems like just yesterday, I was fretting over which preschool to send them too....as many of you can relate to or will relate to soon enough! Rest assured, your babies are going to be okay and the transition of separation is usually harder on the parent than the children! My boys hardly said goodbye as I walked out of the Preschool room on their first day! I was a sobbing mess as I walked to my car....alone! It's all good - We all survived! As Secretary, I will be taking the minutes at each meeting and will email the notes out within one week of our scheduled monthly meeting. Rikki will then publish them on our club's website. You can find them by visiting www.evmomc.org We encourage each member to come to the monthly meetings on the 1st Tuesday of each month

but we all know that sometimes we just can't make it. And that's ok! Visit the website to catch up on the latest EV news and information so that you are always in the know of what great things have happened as well as any upcoming scheduled events & activities.

Alumni Advisor – Rikki Price

rikki.price@icloud.com

Hey everyone! I am excited to get back into the school year. If you don't know me, I have four girls Annabeth, Victoria, Ava, and Emma. The latter two are my twins whom are starting first grade. I'm super nervous because my girls are getting so big, I couldn't believe how much of a mess I was at meet the teacher night! Hot mess mom! Victoria is starting middle school, 5th grade and Annabeth is starting 7th grade. This will be a new school for both of them and its HUGE! I'm a little of a wreck sending them off to this big place too! I also start school this Thursday. I will be on the Kent Campus from 11 am – 8:15 pm on Tuesdays, 11 am – 5 pm on Thursdays and from 2-3pm on Fridays. This means I won't see you all at the Tuesday meetings, but I will try to stay on top of all my responsibilities as your Alumni Advisor, online publicity person, and Website designer. Try to be patient with me and I may need some reminders from time to time... remember I'm a hot mess of a mom, trying to get a PhD over here! In other news....

Welcome to the 2018-19 fiscal year! I would like all board members to take a quick look at the updated procedures. Please email me if you note any changes you think are necessary so that I may update the document to reflect the changes. I will be attaching the updated procedures with the newsletter. Please take a look and let me know if you would like anything added to your board position and then email me at: Rikki.price@icloud.com. Helping with this will help future board position holders understand their responsibilities and deal with any issues that come up with their position and will ease the transition for future members to take on board positions! Thank you for your assistance!

Trustee #1 – Tracey Miller

tkach70@yahoo.com

It's the start of a new club year and I am so excited to start seeing all my mothers of multiples friends again!! I have been a member of Emerald Valley for 10 years and have three children (Jonathan, 13 and Samantha & Marissa, 10). My position within the club revolves around everything "By-Laws". Please review them and if you ever have any questions, don't hesitate to ask. We revise & update our by-laws every other year (in January) and, guess what?!? This a revision year. So look over what the by-laws say about your particular position and if you feel there are any changes that need made, make a note of them. I will be asking for that information in November/December. Hope you all had a great summer and look forward to seeing you at our September meeting.

Fundraising (Secondary) – Kelley St. Clair

kelstc@aol.com

Hi, I'm Kelley, mom to 4.5 yr old twin girls - Kendall and Paige! I have been with the group since the beginning of 2014 and I'm currently in charge of secondary fundraising. With that being said, I'm looking forward to lining up some fun and casual fundraisers to get us together and raise a few dollars for our group. If any of you have "must do" suggestions that you have been involved with in the past or have been to and know if it raises a lot very easily – please shoot me an email, I would love to incorporate some of your ideas! Kelstc@aol.com
See you soon!

Historian – Kimberly DeGross

kimberly.r.degross@gmail.com

Another year of making and capturing memories! Please be sure to send me any pictures you have taken or any pictures from Emerald Valley events, playgroups or get togethers of any kind so they can be included in the end of the year slide show. I will also be using pictures posted to our Facebook page.

I also create the photo memory books for each year, if you would like to see the previous year's memory book please let me know and I would be happy to bring it to the monthly meetings!

Mentoring – Jeanette Louis

noahark6405@yahoo.com

Please let me know if you are interested in becoming a mentor for any new members that join this year. If interested, I will include you on the contact list. All new members will be given a mentor that is willing to guide them through the various aspects of what our club has to offer. This mentor can be of help with any questions pertaining to the daily life of raising multiples, a supportive and understanding friend to remind these moms that they are not alone, and a friendly face to make them feel comfortable and welcome them at meetings and events. Feel free to text or email me with your interest or any questions that you have. 216-210-4749 or noahark6405@yahoo.com.

Mother of the Year – Katy Baddorf

smylz89@yahoo.com

Thank you for the opportunity to represent our club as the Mother of the Year. We all have unique lives, in which we are able to balance work, school, medical issues, a difficult family situation, moving, and/or volunteer activities, along with being a loving mother. And some of us even have time to socialize! I am very proud to know a group of such strong women that have accepted me completely (even though I have more than twins). You all have been given a special gift with your multiples, and you all have all accepted and rose to the task of being a great mother and friend. Every one of you is amazing.

In my eyes every one of you moms deserve the honor to be Mother of the Year. Because of this, I am planning to make the process to nominate the next Mother of the Year a little simpler. Each member will fill out an information form about themselves; it will contain information such as contact info for a spouse or close friend or family member, information about your children, volunteer activities you do, and/or other information we might not know about you. In January/February, there will still be nominations for the Mother of the Year, but basically, you will just need to include the lady's name and why you think she should be MOY.

Newsletter – Kimberly DeGross

kimberly.r.degross@gmail.com

Hi! I am Kimberly DeGross and I will be the EVMOMC Newsletter Editor this year. I have twin girls, Ella and Leah, who are 2 years old and we live in Brecksville. I look forward to creating our monthly newsletter and sharing the details of what is going on in Emerald Valley!

Parties – Courtney Gall

court1305@gmail.com

The Fall Party will be on September 30th at Ramseyer Farms in Wooster, from 1:00pm – 6:00pm. We will have the little Red barn like we had last year. Snacks and drinks will be provided. The cost is \$6 per person, 2 and under are free. Please RSVP and pay by September 21st.

Save The Date:

The Christmas Party will be on Sunday, December 9th. Place and time TBA.

Philanthropic – Christine Mazzeo

cmorcha@gmail.com

My name is Christine Mazzeo and I am the Philanthropy Chair this year. My twins, Jake and Freddie, are 5 years old and entering Kindergarten at Highland Drive Elementary in Brecksville. I have some great things planned for our club this year involving the entire family! My goal is to have everyone attend at least one event to give back to our communities and teach our children the value of being kind in this crazy world.

I will be contacting Ronald McDonald House to set up a date to help cook or clean at their facility. We will be making cards for our Military and visiting the elderly around the Holidays. We will paint rocks and spread kindness at a local hospital, among other things! I'm very excited for the upcoming club year and look forward to spending time with each of you!

Publicity – Megan Perkins/Rikki Price

Hi! My name is Megan Perkins and I will be one of the publicity co-chairs this year. For those of you who haven't met me yet, I have 3 1/2-year-old twins, Ian and Anderson, and a new little man. We welcomed our newest boy, baby Graham, in March. The boys keep me on my toes at home during the week, but I also work full time as a speech-language pathologist at Columbia Local Schools. I have some fun new ideas to help spread the word about our club, like promoting EVMOMC at baby fairs, doctor's offices, or local kid friendly events, but I would love to hear your ideas as

well. I also think we might need new EVMOM t-shirts or fun mom/baby gear (bibs, water bottles, pens, etc.) More details to come! In the meantime, please feel free to email and share your thoughts! Thanks!

Online Publicity – Rikki Price:

I will email our meetings in the following places...

- Northeast Ohio Parent
- The Post Newspapers
- Plain Dealer
- Gpubs
- Mimi Vanderhaven
- Cleveland.com
- Gazette-news
- News Herald
- Sun News

If you can think of any other email addresses or websites to post our meetings on, please send those ideas to: Rikki.price@icloud.com. Also, if you are surfing the web and randomly see us posted somewhere online please print out a copy of that posting so that Kelley can use it in her recognition report, this Spring. Thanks for your help everyone!

Also, I need help! I can't possibly be in every moms/Facebook group so if you are in a group please share the following message in your private groups to spread the word about our great club:

If you are a mother of twins, triplets, quads, or more please consider joining Emerald Valley Mothers of Multiples Club for the first meeting of the 2018-19 year! We meet the first Tuesday of each month September through May, please join us on Tuesday September 4th in the basement of Southwest General Hospital in Anderson Hall. People usually arrive around 6:45-7, meetings start around 7 and usually go until 8:30.

The address for the hospital is [18697 Bagley Road, Middleburg Heights, Ohio 44130](https://www.google.com/maps/place/18697+Bagley+Road,+Middleburg+Heights,+OH+44130). Please park in 'Parking Garage D' off Old Oak Blvd. Take the elevator from the garage to HB (hospital basement) then turn left towards the cafeteria. There will be signs pointing you in the right direction! If you aren't sure Emerald Valley is for you, check out our website for more information: <http://www.evmomc.org> or check us out on Facebook: [fb.me/EVMOMC](https://www.facebook.com/EVMOMC)
Hope to see you there!

Social

We have an exciting approach to social this year! Several MoMs have each chosen a particular month to plan a Mom's Night Out and a Kid's Meet-Up. Please check the shared calendar so you do not miss out on these really fun Emerald Valley events!

September events include:

9/11/18 6:00pm – Kids Meet-Up! @ the Strongsville Wooden Playground/Mitchells Ice Cream After

9/25/18 6:30pm – Moms Night Out! @ the NEW Fat Heads Brewery in Middleburg Heights

Special Needs – Christine Caudill

[**cdll@frontier.com**](mailto:cdll@frontier.com)

Hello Mom's of Emerald Valley Mother's of Multiples Club! My name is Christine Caudill and I have Special Needs this year for our club. This is the 3rd year that I have had this position. I have twin boys (Andrew & Joshua) who are 10 years old (OMG how did that happen!). They are also both on the Autism Spectrum with Joshua high functioning and verbal and Drew non verbal and just starting to use a device to talk. I also work at a school for children on the spectrum as a Behavior therapist/co-teacher. If you have any questions or topics you want me to look into this year, feel free to shoot me an email and I will do my best. Cdll43@frontier.com

The Chuck E. Cheese in North Olmsted has Sensory Friendly Sunday's on the 1st Sunday of each month. They offer less crowding and noise, dimmed lighting, shows and music turned down or off and limited appearances of Chuck E. Food and games are offered.

The AMC theater in Ridge Park Square offers many sensory friendly movies and times. They offer family friendly movies on the 2nd and 4th Saturday of each month and Tuesday evenings for more mature audiences. Check their website for movies offered each month.

Find support for a family member with Down's Syndrome at The Up Side of Downs. 6533 Brecksville Road, Independence, OH 44131. Their phone number is 216-447-8763. They hold their parents night out the 2nd Wednesday of each month from 7:00 – 9:00 pm at Twisted Burgers & Sushi, 985 Boardman Alley in Medina. For questions you can contact Jamie at jamedanielconditioned@yahoo.com or Kelly at kelly@premieraccountingllc.com.

September 6, 2018 - Special Needs Day at Scene 75 – Scene 75 wants to provide a fun, free and interactive experience for those with special needs. The program is designed to help improve and develop social and motor skill, hand and eye coordination, reaction time and recognition, all in a safe and controlled environment. Scene 75 is located at 3688 Center Road in Brunswick, OH. This event is held the 1st Thursday of every month from 11:00 am to 10:00 pm. There is no age restriction on the person with special needs. Siblings can and are encouraged to participate to make things easier and more comfortable for the individual with special needs. However, attractions are not free to siblings. Parents and/or guardians are required to stay and help the person with special needs. What the person with special needs get? They get 9 holes of black light mini golf, 1 spin zone ride and a \$10.00 game card. Sibling card with the same activities can be purchased at a discounted rate. For more information and to register call the office at 234-803-1100 or check out their website at <http://www.scene75.com> program details are listed under Scene 75 Cares.

Coffee, tea and Autism has a new time and a new location. It is now 5:30 – 6:30 pm at the ESC of Medina County. 124 W. Washington Street, Medina. For more information contact Rachel at krauss618@gmail.com or go to www.AutismAkro.org

Sunshine – Angie Davis

angeladaviski@hotmail.com

Hello Ladies! I am Angie Davis, Sunshine Chair. I have been in Emerald Valley since 2010, just prior to the birth of my twin girls, Abby and Molly. They are now 7-yrs-old and they have just begun third grade at St. Adalbert's school. I also have a singleton, Ben, who is 2. We, including my hub Bob, reside in Berea. The Sunshine position helps send some cheer to members and family who have had something wonderful, or something sad, or even levels in between. If you know of any Emerald Valley members/family members who have had recent hospitalizations, illnesses, deaths, births or adoptions, please contact me at angeladaviski@hotmail.com, 330-524-9967, or find me on Facebook—Angie Tutak Davis.

SPREADING SUNSHINE:

The sun was shining this summer for our members! But some families have had some cloudy days.

- Keep Rikki's daughter, Victoria, in your prayers as she continues to nurse a repeated health issue.
- We lift up Katy Baddorf's family, especially Ellie, as we hope her broken bone and kidney stone won't bother her too much in the school zone. (Apparently prayers of rhyme help too 😊)

CARE MEALS

Last year we began a new program called "Care Meals." Think of it as a Meal Train for a family who just birthed multiples, but just a one-time event. One prepared meal for a member's family who just had multiples. It is a nice, caring touch from members who have "been there" and know the struggle of the chaos of new multiples, endless diapers and sleepless nights, yet are trying to keep the family fed.

Two things ended up happening this past year in having this program—1) There was such an amazing hearty list of willing volunteers to help, and, 2) There was really only one family that basically fit the description of the original plan of the program. So, this year, we will extend the program to include: a) families who just birthed multiples, b) families who have a new singleton addition, c) other families, if a time of great need.

In order to make this successful, we need volunteers again! But don't fret, as a volunteer, you may only need to make one meal a year, or none! You will likely need to coordinate with the family a good date/time to drop off the food. Angie D. can help coordinate this if you'd like. If you sign up now and then later, when a need arises, find out you can't easily

coordinate a good “dinner time ready” opportunity, maybe you can simplify and prepare something in advance that you can freeze and give to the family at any time. This website offers some great tips for giving meals.

<http://uniquegifter.com/taking-meals-grieving-celebrating-families/> If you would like to sign up on the Care Meal Committee, please contact Angie Davis at angeladaviski@hotmail.com. Also, look out for a sign-up sheet at the September meeting.

Twins Days – Christine Mazzeo

cmorcha@gmail.com

Thank you to everyone who came out and walked in the Double Take Parade at the 2018 Twins Days Festival! We had some awesome costumes and had tons of fun!



Website – Rikki Price

rikki.price@icloud.com

I have completely redone the website over the summer! I tried to streamline it a bit so that all of the big announcements will be on the homepage. Visitors of our website see the homepage first and don't tend to move around too much so all big announcements for events will be posted here. If you would like your photos to be on the website, please fill out the photo release form and turn it back in to me. At this point I have only received two of them so if you need to email it to me that is acceptable: Rikki.price@icloud.com, or you can turn in the form at the September or October meetings and I will grab them from Kelley at some point.

OFMOTC NEWS – Sheri Bickerton

sheri.bickerton@yahoo.com

OFMOTC (Ohio Federation Mothers of Twins Club)

Paying your Emerald Valley membership dues means that you are also a paid member of our State club, OFMOTC. Two clubs for the price of one! As an OFMOTC member, you are welcomed and encouraged to attend any or all 3 of the OFMOTC board meetings held in the Fall (Oct or Nov), Spring (March or April) and Summer (June Convention). I attended my 1st OFMOTC board meeting the year I joined EV, in 2008. I only (kind of) knew the half dozen EV members that went but they took me under their wing, introduced me to members from other clubs and I met other moms that were also new to both their club and to OFMOTC. After about 5-6 years of just attending and making new friends, I took on a board position and served for 4 years. I just stepped down this year but EV still has other members serving OFMOTC. My heart will always be in it and I will continue to attend OFMOTC meetings! We would love to share the experience and provide more EV members the opportunity to join us. Meet moms from clubs all around the state of Ohio and enjoy some mom time with other moms that truly get what life is about when you have multiples! The 3 board meetings are held in various locations around Ohio so as to accommodate the drive time needs for each of the 12 multiples clubs located throughout all of Ohio. The OFMOTC Fall board meeting is October 12-13, 2018, at the Hilton Garden Inn – Mason. See the attachment for specific details and rsvp by 9/14/18 to Kelley or Katy. EV will pay approximately ½ of the cost. Let's carpool and have a mom's one-night getaway! Come join the fun and see for yourself what OFMOTC is all about!



*** MOMS BIRTHDAYS ***

08/01 Sheri Bickerton
08/06 Kimberly Alex
08/14 Tierra Freeman
08/26 Julie Borros
09/10 Tracey Miller
09/12 Angie Davis
09/12 Christine Mazzeo
09/19 Danielle Gomez
09/19 Rikki Price
09/23 Bethany Joyal
09/25 Christine Caudill
09/26 Susie Hotz

*** KIDS BIRTHDAYS ***

08/04 Katie & Alex Baga
08/06 Jake and Josh Russell
08/06 Christopher Russell
08/15 Josiah Joyal
08/16 Emma Joyal
08/18 Caroline and Colin Hardin
08/19 Jase & Ayden Jambor
08/25 Gary Hallum
08/27 Elisabeth & Samuel Shiplett
09/21 Mia and Ava Alex
09/22 Justice Joyal
09/24 Wayne Louis III
09/27 Randy & Robin Hallum
09/29 Annabeth Price

**Emerald Valley Mothers of Multiples Club
Membership Data Sheet**

Name: _____ Husband's Name: _____

Street Address: _____

City, Zip Code: _____

Telephone: () _____ E-Mail Address: _____

Your Birth Date: _____ Anniversary: _____

How did you find out about EVMOMC? _____

Multiples Names and Birth Date: _____

Other Children's Names and Birth Dates: _____

Hobbies, Interests, Special Talents: _____

To be completed by Club Officer:

Amount Paid \$ _____ New Mom's Packet Distribution Date: _____

For Club Year _____ Membership Chair Initials _____

Date _____ Newsletter Mailing List _____

Treasurer's Initials _____ Club Directory Distributed _____

Photo Release Form for Minors (if under 18)

Emerald Valley Mothers of Multiples Club has my permission to use my or my child's photograph publically to promote the club. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

Parent/Guardian's signature: _____ Date _____

Parent/Guardian's Name: _____

Child's Name: _____

Phone Number: _____

Please check one box:

- Yes, you have my permission to use my child's photograph.
- No, please exclude any photos of my child from any publications.

Photo Release Form for Adults

Emerald Valley Mothers of Multiples Club has my permission to use my photograph publically to promote the club. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

Signature: _____ Date _____

Name: _____

Phone Number: _____

Please check one box:

- Yes, you have my permission to use my photograph.
- No, please exclude any photos of me from any publications.