

Emerald Valley Mothers of Multiples



President – Kelley Mendoza

kmendozaslp@gmail.com

It's hard to believe that we are heading into March already! At this time last year, we were in the final stages of planning our Wing Ding Fundraiser. Thank you, again, to Christine Mazzeo and Sheri Bickerton for a very successful 2018 fundraiser which allowed us to have enough money left over to use for this year!

March is Women's Health Month so stay tuned for something fun at our meeting on Tuesday, March 5th. We will also be voting on which philanthropy we will be submitting to OFMOTC. Mother of the Year nominations are in! Thank you to everyone who took time to nominate an amazing MoM from our club. I truly feel that every single member of Emerald Valley is deserving of this award in one way or another. So many of our talents, time and commitments are spread all around and I know the each one of you is very special and worthy of the title. Unfortunately, only one amazing MoM will be chosen as our 2019 Mother of the Year! Join us for dinner May 7th at Matteo's Italian Restaurant in Olmsted Falls. Speaking of all our amazing MoMs, are you interested in learning more or considering an Emerald Valley board or chair position? If so, I encourage you to please contact the current officer/chairperson and ask them questions. We are fill positions now, so join us and make Emerald Valley an even more amazing club!



March 2019

**UPCOMING MARCH
MEETING:**
3/5/19 – 7:00pm

Meeting Location:
SW General Hospital in
Anderson Hall meeting
room located in the Free
garage parking. Use
garage elevators to HB
then follow signs to
Anderson Hall room

**After meeting social at
Two Bucks in
Middleburg.**



Mailing Address:

**EVMOMC
PO Box 30433
Middleburg Hts., OH 44130**

Visit Our Web Site:

www.evmomc.org

**Search "EVMOMC" on
Facebook - Public Page &
Members Only Page**

Newsletter Editor:

**Kimberly DeGross
Kimberly.r.degross@gmail.com**

2nd VP/Membership – Jeanette Louis

noahark6405@yahoo.com

I would like to welcome Lyndsey Shugarts, the newest member of EVMOMC. Lindsey lives in North Olmsted and is due with twins in May.

Welcome back to both Vanessa Swank and Lara Shiplett who have recently renewed their membership. We are very excited to have you back with Emerald Valley!

Thank you to those of you who have met a mom with multiples and have passed on EVMOMC information! If anyone meets a perspective member and would like me to reach out to them, please email or text me and I will be happy to send them information about EVMOMC and an invitation to join us at our next meeting. I can be reached at noahark6405@yahoo.com or 216-210-4749.

Treasurer - Katy Baddorf

smylz89@yahoo.com

If you are interested in attending Winter OFMOTC Boards, please let Kelley Mendoza or I know ASAP. As a reminder, the club pays for half of your expenses! Membership dues, receipts (originals only, please) & other correspondence can be given to me at meetings or can be mailed to:

EVMOMC

PO BOX 30433

Cleveland, Ohio 44130

Secretary – Sheri Bickerton

sheri.bickerton@yahoo.com

Monthly meeting minutes will be emailed out to all members within two weeks of the meeting date. Minutes will also be published on our EV website: www.evmomc.org, be sure to check it out and catch up on the latest EV news and information so that you are up-to-date on what's happening and know the club's scheduled events & activities.

Alumni Advisor – Rikki Price

rikki.price@icloud.com

If you are considering a board position and want more details please let me know, I would be happy to chat! Chairs, please continue to update your binders as officer elections will be held soon. If you have any questions feel free to call, text, or email me!

Rikki.price@icloud.com

(440)554-8652

Historian – Kimberly DeGross

kimberly.r.degross@gmail.com

Please be sure to send me any pictures you have taken from Emerald Valley events, playgroups or get togethers of any kind so they can be included in the end of the year slide show. I will also be using pictures posted to our Facebook page.

Mentoring – Jeanette Louis

noahark6405@yahoo.com

Thank you to those of you who signed up to be possible mentors for any new members that join this year. If anyone else is interested in becoming a mentor, please let me know and I will include you on the contact list. All new members will given a mentor that is willing to guide them through the various aspects of what our club has to offer. This mentor can be of help with any questions pertaining to the daily life of raising multiples, a supportive and understanding friend to remind these moms that they are not alone, and a friendly face to make them feel comfortable and welcome them at meetings and events. Feel free to text or email me with your interest or any questions that you have. 216-210-4749 or noahark6405@yahoo.com.

Mother of the Year – Katy Baddorf

smylz89@yahoo.com

Nomination forms are in and I am in the process of sending them to our sister club in Toledo to pick this year's Mother of the Year. A HUGE thank you to everyone that took the time to nominate a deserving mother! I am so excited to announce the nominations at the April meeting.

At the MOY dinner, taking place on May 7th, you will find out who gets to wear the crown this year. It will be held at Matteo's Restaurant in Olmstead Falls beginning at 6:30. The cost to attend is \$10, which includes a HOT meal, great company, and an awards night to remember. Not only will the Mother of the Year be crowned, but next year's board will be installed, and 5 and 10-year members will be recognized. Please turn in money by April 30 in person or mail to the PO Box.

Newsletter – Kimberly DeGross

kimberly.r.degross@gmail.com

The monthly EVMOMC newsletter will be sent out about a week prior to the upcoming meeting. Enjoy reading all the amazing highlights and events Emerald Valley has to offer!

Parties – Courtney Gall

court1305@gmail.com

Save the Date: Spring Swimming/GYM Party

Saturday April 13th 3-5pm at the Strongsville Rec Center!!! Come swim or play in the gym for our Spring Party.

We will have a meeting room for the whole time to come relax if you would like and have a snack.

The club is going to pick up the cost for 2 adults and your Multiples. All other children are invited, the price is below:

ages 0-3: FREE

ages 4-6 \$2

ages 7 and up are \$3

Publicity – Megan Perkins/Rikki Price

Online - Emerald Valley needs your help with publicity so that we can reach new members and grow our fabulous club!

You can help in the following ways:

1. If you are surfing the web and randomly see Emerald Valley Meetings/Social Events posted somewhere online please either create a screen shot or print out a copy of that posting so that Kelley can use it in her recognition report, this Spring. Thanks for your help everyone!
2. I am posting these messages on Facebook in moms groups and sales sites. I can't possibly be in every moms/Facebook group so if you are in a group please share the following message in your private groups to spread the word about our great club:

If you are a mother of twins, triplets, quads, or more please consider joining Emerald Valley Mothers of Multiples Club for our first meeting of the new year, on Tuesday, March 5th, 2019! We meet in the basement of Southwest General Hospital in the Williams-F room. People usually arrive around 6:45-7, meetings start around 7 and usually go until 8:30 or so. The address for the hospital is 18697 Bagley Road, Middleburg Heights, Ohio 44130. Please park in 'Parking Garage D' off Old Oak Blvd. Take the elevator from the garage to HB (hospital basement) then turn left towards the cafeteria. There will be signs pointing you in the right direction! If you aren't sure we are for you check out our website for more information: <http://www.evmomc.org> or check us out on Facebook: [fb.me/EVMOMC](https://www.facebook.com/EVMOMC)
Hope to see you there!

Special Needs – Christine Caudill

cdll@frontier.com

The Chuck E. Cheese in North Olmsted has Sensory Friendly Sunday's on the 1st Sunday of each month. They offer less crowding and noise, dimmed lighting, shows and music turned down or off and limited appearances of Chuck E. Food and games are offered.

The AMC theater in Ridge Park Square offers many sensory friendly movies and times. They offer family friendly movies on the 2nd and 4th Saturday of each month and Tuesday evenings for more mature audiences. Check their website for movies offered each month.

Find support for a family member with Down's Syndrome at The Up Side of Downs . 6533 Brecksville Road, Independence, OH 44131. Their phone number is 216-447-8763. They hold their parents night out the 2nd Wednesday of each month from 7:00 – 9:00 pm at Twisted Burgers & Sushi, 985 Boardman Alley in Medina. For questions you can contact Jamie at jamiedanielconditioned@yahoo.com or Kelly at kelly@premieraccountingllc.com

The first Thursday of each month - Special Need Day at Scene 75 – Scene 75 wants to provide a fun, free and interactive experience for those with special needs. The program is designed to help improve and develop social and motor skill, hand and eye coordination, reaction time and recognition, all in a safe and controlled environment. Scene 75 is located at 3688 Center Road in Brunswick, OH. This event is held the 1st Thursday of every month from 11:00 am to 10:00 pm. There is no age restriction on the person with special needs. Siblings can and are encouraged to participate to make things easier and more comfortable for the individual with special needs. However, attractions are not free to siblings. Parents and/or guardians are required to stay and help the person with special needs. What the person with special needs get? They get 9 holes of blacklight mini golf, 1 spin zone ride and a \$10.00 game card. Sibling card with the same activities can be purchased at a discounted rate. For more information and to register call the office at 234-803-1100 or check out their website at <http://www.scene75.com> program details are listed under Scene 75 Cares.

Coffee, tea and Autism has a new time and a new location. It is now 5:30 – 6:30 pm at the ESC of Medina County. 124 W. Washington Street, Medina. For more information contact Rachel at krauss618@gmail.com or go to www.AutismAkro.org

Royal Redeemer Lutheran Church in North Royalton is doing a Buddy Break program. This is a free program for kids with special needs can go and have fun, play games, etc. The respite dates are the third Sunday of every month (except April) from 1pm to 4pm. Parents can then have a much needed break while screened and trained volunteers take care of and play with your special needs child(ren) and their siblings. Who qualifies? Kids with special needs with special needs, which include any physical, cognitive, medical or hidden disability chronic or life-threatening illness, or those medically fragile ages 2- 16 and their siblings 4 years old to 7th grade. For more information please contact Lynn Ebner at lebner@royred.org or 440-237-7958 ext. 151.

Looking for a tie for that special occasion? Check out H-Bomb Ties (<https://hbombties.com>). They are a clothing brand inspired by Harrison (he has Downs and is on the Autism spectrum that specializes in fun bow ties for children and adults. They also have regular ties.

Philanthropy – Christine Mazzeo

cmorcha@gmail.com

Thank you to everyone who came to make blankets for Chelsea Cares! We made 8 awesome blankets for the Akron Children's PICU!



March of Dimes – Katy Baddorf

Registration for our team Emerald Valley Mothers of Multiples for the March of Dimes, which will take place on Saturday, May 11 on the East Bank of the Flats, is now open. Visit www.marchforbabies.org to donate, register for our team, and/or sign your children up for the Superhero Sprint. Kids' activities, including the free Superhero Sprint (complete with cape!) start at 8:30am and the 1 mile/3 mile walk starts at 10am. I have not heard of any Monster hockey game fundraiser being planned this year, but I will let you know if I hear of one.

Sunshine – Angie Davis

angeladaviski@hotmail.com

If you know of any Emerald Valley members/family members who have had recent hospitalizations, illnesses, deaths, births or adoptions, please contact me at angeladaviski@hotmail.com, 330-524-9967, or find me on Facebook – Angie Tutak Davis.

SPREADING SUNSHINE

We shine some sun towards Megan Perkins on the loss of her father-in-law in early February. Prayers of peace and strength to Megan and her husband, Eddie, during this difficult time.

A big THANK YOU to Sarah Mink (triplet mom and more!) who stepped up in February to make a Care Meal for the family of Tricia Cardilino, the new Mom of twins boys in January.

Website – Rikki Price

rikki.price@icloud.com

Please send me any photos or upload them in the Facebook secret group and let me know, so that I can post them on the website. These are great to show our year in review! The monthly calendar, newsletters, and meeting minutes are posted in the members only section of our website. Please check it out, and don't forget to check the forums from time to time to see if anyone has posted anything!

OFMOTC NEWS –Sheri Bickerton

sheri.bickerton@yahoo.com

By the time you read this you will have already received an email from Kelley Mendoza who forwarded the OFMOTC Winter Twinformation. I encourage you to open and read through this, if you haven't already. It includes Spring Board information, recaps what all of the other clubs have been doing throughout the year and lists important dates/deadlines for upcoming events, scholarships, philanthropic grants etc. It's also a great way to obtain new, fresh ideas for our club! Your OFMOTC membership dues have been paid by EV so you can take advantage of another multiples resource by joining OFMOTC Facebook page! Emerald Valley also made a \$20 Voluntary Contribution to OFMOTC.

The OFMOTC Spring Board meeting will be at the Cambria Suites Columbus/Polaris on April 5-6, 2019. Please let Kelley Mendoza or Katy Baddorf know if you plan to attend or if you have any questions. It is not mandatory to spend the night on Friday. You are welcome to drive up Saturday morning and just attend the Saturday General Session meeting. Emerald Valley will pay ½ the cost of the \$129+tax room rate for Friday night. The other ½ of the room is split among the members sharing the room. EV will also pay for ½ of the \$21 luncheon cost on Saturday for each attending member. Come join us and get a better perspective of our multiples club from the State level. It's also fun to interact, socialize & get together with moms from the other 12 clubs throughout the state of Ohio! A William-Sonoma rep will be attending our Saturday meeting. The WS rep will present and demonstrate tips for entertaining & setting up a spring themed table. Sounds like a fun break between our meeting and lunch!

If you are interested in becoming an Officer or Chairwoman for OFMOTC, a nomination form needs to be submitted to OFMOTC by April 1, 2019. Or you can bring the form to the Spring board meeting on April 5th. Let me know if you'd like a form to fill out! EV will once again be selecting a non-profit organization to submit to OFMOTC in hopes of being awarded a philanthropic grant. Some of our past submissions have been chosen to receive this grant and we are hopeful to choose another award-winning organization! If there is an organization that you would like to be considered, please compile a brief summary of the organization's mission and email it to Christine Mazzeo & Kelley Mendoza prior to

our 3/5/19 meeting. We, as a club, will vote on which organization EV submits to OFMOTC. The grant winner will be announced at this year's 70th Annual OFMOTC Convention held in Toledo on June 21-22.

Social – March 2019 – Sheri Bickerton

Mom's Night Out: Dates to Be Determined and posted on Facebook!

Attention All BINGO Lovers!!! The March edition of the BINGO book comes out on 2/25/19. Once I receive & review it, I will post on Facebook the date, place & time of where we will play!

Let's go to the Winery! Michael Angelo's Winery on Broadview Rd or the High and Low Winery on Route 18. I am waiting to see an update of their events for March, if any, to determine which place we should attend!

Special Needs Kids Outing:

Achievement Centers for Children - Camp Cheerful Open House, Sat. March 2, 2019, 1-3pm 19695 Royalton Rd, Strongsville. Meet our staff, tour Camp Cheerful, and enjoy refreshments. RSVP Bridget 440-238-6200 ext 221 (appreciated but not required)

- Bring your family to experience Camp Cheerful!
- Looking for a summer day camp or overnight camp for a child or adult with disabilities?
- Do you have a son or daughter attending camp for the first time?
- Are you curious to see all that Camp Cheerful offers?
- Did you know we have an outstanding year-round River Rock Adult Day program?

<https://campcheerful.achievementcenters.org/program/day-camps/>

Kids Outings:

Preschool Open Play Time at Pinnacle Gymnastics, Fri. March 1, 2019, 11am-12:30pm, Cost \$5. Registration not required – just show up at 5024 Paramount Blvd, Medina, OH.

STEAM Day at Highland Library, Sat. March 9, 2019, 10am-1pm, 4160 Ridge Rd, Hinckley, OH. Explore your world with Science, Technology, Engineering, Art & Math. For a full rundown of events & to register for Mr. Science show at 10:30am (grades 1-3) Click mcdl.info/STEAMDay It's the biggest event of the year at MCDL's Highland Library! Fun for all ages!

Take part in hands-on activities with Mad Science of Ohio.

Balloon art with Nate the Great 11:00 am - 12:00 pm

Playground World in Avon– Monday and Thursday, 11am–12pm and Friday 10am-11am. Located at 1014 Jaycox Rd, Avon, OH. - Offers **\$2 Donate to Play (cash only)** Also offers the **Pay-to-Play (P2P)**, for \$7/child for any 2 hours of play. Standard P2P times are Monday & Thursday 12-4:30pm and Friday 11am-3:30pm. Please be aware on school holidays, where parties may be booked, that P2P may not be available. Daily calendar found at www.pgworld.com

DiscoveryWorks – Avon Lake Public Library, 32649 Electric Blvd, Avon Lake, OH. An indoor play with 2 separate areas designed for infants to age 7 and a Tweens area for age 8 and older.

Hands-on displays focus attention on the objects, experience, or materials, engaging all the senses. Discover why things happen by making them happen.

62nd Annual Buzzard Day in Hinckley, Sun., March 17, 2019, 7am – 4pm. Ridge Rd & Rte 303 Come join the Fun – Free Admission, Free parking & Free Shuttle Service



62nd ANNUAL BUZZARD DAY

SUNDAY, MARCH 17, 2019

7:00 am to 4:00 pm

Pancake Breakfast, Craft Fair, Buzz Carnival,
A Touch of Irish

SCHEDULE OF EVENTS

- 7:00 am – 2:00 pm All-You-Can-Eat Pancake Breakfast (school)
- 7:00 am – 4:00 pm Arts & Crafts Fair (school)
- 9:00 am – 2:00 pm Hinckley Historical Society
- 9:00 am – 3:00 pm Buzz Carnival (town hall)
- 9:30 am – 10:30 am O'Malley's Irish Dance Academy (town hall)
- 10:00 am – 2:00 pm Live Buzzard (brongers park pavilion)
- 11:00 am – 1:00 pm Outback Ray Animal Show (town hall)
- 12:00 pm – 3:00 pm Fire Fighter Hot Dog Fundraiser (town hall)
- 1:00 pm – 2:00 pm Tiffany Schaefer Irish Harp & Song (town hall senior room)
- 1:30 pm – 2:30 pm Pet Contest (town hall)

Hinckley Elementary: Vulture Culture Gear, Nate the Great, Scouts Candy
Town Hall: Raffle Baskets, Balloons, Games, Prizes

FREE ADMISSION • FREE PARKING • FREE SHUTTLE

Parking by Post Office, Hinckley Ridge Plaza, Youth Fields,
Precision Dental, M&T Auto Body, Historical Society,
Hinckley Elementary Handicapped Only

Pet Contest registration online at

HinckleyOHChamber.com/buzzard-day-2019

Thanks to our volunteers and these generous sponsors

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The Big Red Wagon Sale – Kids & Maternity Consignment Sale, Thurs-Sun. March 21-23, 2019, 735 Lafayette Rd, Medina County Fairgrounds.



KIDS EAT FREE LISTING:

Includes 50+ Restaurants in Northeast Ohio

This is a great reference guide to save a few bucks while enjoying a family meal.

www.northeastohiofamilyfun.com/kids-eat-free/

Jump to specific day: [Kids Eat Free Monday](#) | [Kids Eat Free Tuesday](#) | [Kids Eat Free Wednesday](#) | [Kids Eat Free Thursday](#) | [Kids Eat Free Friday](#) | [Kids Eat Free Saturday](#) | [Kids Eat Free Sunday](#)

To See Emerald Valley March Calendar of Events – Please Visit

<https://docs.google.com/spreadsheets/d/1Qpp35ddZngNkGvf7JhVSfQoG5gGWAu5wPS1FekK2qzM/edit#gid=1605758531>

Happy Birthday!

*** KIDS BIRTHDAYS ***

03/09 Jack and Maria Swank
03/21 JoAnne & Jennifer Nimberger
03/26 Emily Mink
03/26 Ian & Anderson Perkins
03/27 Samantha & Marissa Miller

*** MOMS BIRTHDAYS ***

03/23 Kim DeGross

**Emerald Valley Mothers of Multiples Club
Membership Data Sheet**

Name: _____ Husband's Name: _____

Street Address: _____

City, Zip Code: _____

Telephone: () _____ E-Mail Address: _____

Your Birth Date: _____ Anniversary: _____

How did you find out about EVMOMC? _____

Multiples Names and Birth Date: _____

Other Children's Names and Birth Dates: _____

Hobbies, Interests, Special Talents: _____

To be completed by Club Officer:

Amount Paid \$ _____ New Mom's Packet Distribution Date: _____

For Club Year _____ Membership Chair Initials _____

Date _____ Newsletter Mailing List _____

Treasurer's Initials _____ Club Directory Distributed _____

BRIEF DESCRIPTION OF POSITIONS (updated 1/24/19)

PRESIDENT: Leads the monthly meetings and oversees all club activities. Participates in, and is the main contact for, Ohio Federation.

1st VP: Coordinates meeting activities (scheduling speakers, programs, etc.). Fills in for President when necessary. Responsible for filling positions for the following year.

2nd VP/MEMBERSHIP: Responsible for maintaining, updating and distributing all membership information. Handles all incoming membership requests from FB. Pairs mentees with mentors and oversees mentoring program.

TREASURER: Handles all monies that come in to or go out of club. Responsible for all banking and bill paying. Files all necessary paperwork. Checks and maintains post office box.

ALUMNI ADVISOR: Advises and assists current President as needed. Performs installation of new officers in May. This position should be the Immediate Past President if available or another past President.

TRUSTEE #1: Assists the club in parliamentary rules and regulations governing the club and by-laws. Handles Bylaw revision every odd number year.

TRUSTEE #2: Assists the Treasurer in bookkeeping, insurance policies, tax information and end of year audit. Maintains 7 years of financial records for the club.

FUNDRAISING (PRIMARY): Organizes at least one main fundraising event to raise money for club. (Reverse Raffle, Clothing Sale, Wing Ding etc)

FUNDRAISING (SECONDARY): Organizes periodic fundraisers throughout the club year to raise money for the club. (Restaurant Give Back Nights, Lottery Tickets or selling specific items such as cards, candy bars, candles, cookie dough etc)

HISTORIAN: Collects club papers, articles, reports and pictures to be organized into a keepsake scrapbook. Creates and presents a year end slideshow of pictures submitted from members to showcase their children, families and club events.

CHARITABLE WALK COORDINATOR: Helps organize a charity walk, fundraising efforts and/or will have 1 meeting available to them for discussion/education regarding the charity organization.

MOTHER of the YEAR: Manages mother of the year nominations. Coordinates and plans annual MOY dinner in May. Position held by previous year MOY when able.

NEWSLETTER: Receives and compiles newsletter information on a monthly basis and emails to members each month.

PARTIES: Coordinates up to 3 parties (fall, winter and spring) members and their families.

PHILANTHROPIC: Organizes the support we will give charities and/or local organizations throughout the year.

PUBLICITY OFFLINE: Coordinates and maintains hospital and clinic contacts. Distributes brochures/business cards to hospitals and clinics. Includes all face to face or phone communication. Finds new ways to promote Emerald Valley to the community.

PUBLICITY ONLINE: Coordinates and maintains all news releases to local papers and posts our linked site to other websites, Facebook groups, etc. Finds new ways to promote Emerald Valley to the community.

SOCIAL: Plans and coordinates various outings and activities for members and/or kids throughout the year and creates monthly social calendar.

SPECIAL NEEDS: Assists members who have children with special needs.

SUNSHINE: Sends cards, emails, etc. to members who are ill or have had major events occur within their lives.

WEBSITE: Monitors and maintains club website and Facebook pages. Helps new members with any technical issues.

TWINDSDAYS: Coordinates members to walk in annual Twinsdays parade and if desired, request assistance to create a float in accordance with the yearly Twinsdays theme.