

Emerald Valley Mothers of Multiples



President – Kelley Mendoza

kmendozaslp@gmail.com

Happy New Year! I hope everyone had a wonderful and relaxing holiday. I hope you were able to take time to step back and truly enjoy your families, friends and all that you have.

May your 2019 bring happiness and health to you and your families.

As EVMOMC starts out the New Year, I would like to, once again, thank all of you for your dedication and contributions to our club. We are truly blessed to be given the privilege of raising multiples. Thank you for sharing a piece of yourself with Emerald Valley. We are lucky to have such an extraordinary group of women!

December was a fun-filled month with a really great MoMs night out in place of our regular December meeting. We shared stories and many laughs at the Brewgarden. Thank you to Courtney for organizing our Christmas party with Santa and Mrs. Claus. We enjoyed music, decorating gift bags, creating a surprise ornament (I hope you liked them), met with Santa and Mrs. Claus and ate great food from Antonio's. Although we didn't have a huge group, I know the kids had fun.

I can't believe it's time to start thinking about nominating someone for EVMOMC's 2019 Mother of the Year. Please read Katy's article for more detailed information. We have a club with many deserving ladies! It's also hard to believe that we are mid-way through our club year already!! Both the Executive Board and General Board will be meeting in January to discuss business. Please have your binders organized and filled with as much information as you can. Be ready to discuss your accomplishments so far as well as your plans and goals for the rest of the club year. All officers and chairs should have received a doodle poll from me. I am really looking forward to a great January meeting; NOTE the meeting will be on January 8th as well as an executive and general board winter meeting.

Have a Safe and Happy 2019!

**January
2019**

Reminders:

Support our
FUNdraiser - \$5 Super
Bowl Squares!!

**UPCOMING JANUARY
MEETING:
1/8/19 – 7:00pm**

**Meeting Location:
SW General Hospital in
Anderson Hall meeting
room located in the
Free garage parking.
Use garage elevators to
HB then follow signs to
Anderson Hall room**

**After meeting social at
Two Bucks in
Middleburg.**

Mailing Address:

**EVMOMC
PO Box 30433
Middleburg Hts., OH 44130**

Visit Our Web Site:

www.evmomc.org

**Search "EVMOMC" on
Facebook - Public Page &
Members Only Page**

Newsletter Editor:

**Kimberly DeGross
Kimberly.r.degross@gmail.com**

2nd VP/Membership – Jeanette Louis

noahark6405@yahoo.com

Join us at our January meeting to pick up your 2017-2018 EVMOMC directory.

Thank you to those of you who have met a mom with multiples and have passed on EVMOMC information! If anyone meets a perspective member and would like me to reach out to them, please email or text me and I will be happy to send them information about EVMOMC and an invitation to join us at our next meeting. I can be reached at noahark6405@yahoo.com or 216-210-4749.

Treasurer - Katy Baddorf

smylz89@yahoo.com

If you are interested in attending Winter OFMOTC Boards, please let Kelley Mendoza or I know ASAP. As a reminder, the club pays for half of your expenses!

Membership dues, receipts (originals only, please) & other correspondence can be given to me at meetings or can be mailed to:

EVMOMC
PO BOX 30433
Cleveland, Ohio 44130

Secretary – Sheri Bickerton

sheri.bickerton@yahoo.com

Monthly meeting minutes will be emailed out to all members within one week of the meeting date. Rikki will then publish them on our EV website: www.evmomc.org. Be sure to check it out and catch up on the latest EV news and information so that you are up-to-date on what's happening and know the club's scheduled events & activities.

Alumni Advisor – Rikki Price

rikki.price@icloud.com

Hey everyone! Hope you are having a lovely Christmas! My vacation was ruined with the flu-like cold virus striking down the family. We are all settled into our new home and the kids have adjusted very well. They love all the extra space we have and the basement play area. Although you will be seeing a lot less of me, I am still here to assist with anything. If you have any questions feel free to call, text, or email me!

Rikki.price@icloud.com
(440)554-8652

Historian – Kimberly DeGross

kimberly.r.degross@gmail.com

Please be sure to send me any pictures you have taken from Emerald Valley events, playgroups or get togethers of any kind so they can be included in the end of the year slide show. I will also be using pictures posted to our Facebook page.

Mentoring – Jeanette Louis

noahark6405@yahoo.com

Stay tuned for upcoming information about a Valentines Party. A date, time, and location will be announced soon.

Thank you to those of you who signed up to be possible mentors for any new members that join this year. If anyone else is interested in becoming a mentor, please let me know and I will include you on the contact list. All new members will given a mentor that is willing to guide them through the various aspects of what our club has to offer. This mentor can be of help with any questions pertaining to the daily life of raising multiples, a supportive and understanding friend to remind these moms that they are not alone, and a friendly face to make them feel comfortable and welcome them at meetings and events. Feel free to text or email me with your interest or any questions that you have. **216-210-4749** or noahark6405@yahoo.com.

Mother of the Year – Katy Baddorf

smylz89@yahoo.com

It has been an honor and a privilege to wear the crown of Mother of the Year the last several months. It's that time of the year where we need to start thinking about our members and who is going to take my place. Each year we have the opportunity to acknowledge one of our wonderful members and all the hard work and support they provide our club and their family. The nominations are anonymously judged by a sister club and will be announced at our April meeting. The Mother of the Year will be crowned on May 7th at our Mother of the Year banquet that is held off site from our regular meeting.

Please have all nomination forms submitted no later than February 15th. You can email, mail, or turn the form in to me at a meeting. A copy of the nomination form is included at the bottom of the newsletter. If you need any help or have any questions feel free to contact me via email Smylz89@yahoo.com or on my cell 937-238-0160.

Our yearly MOY dinner will take place on May 7th. If you have any suggestions on where to have this year's MOY dinner, please let me know.

Newsletter – Kimberly DeGross

kimberly.r.degross@gmail.com

The monthly EVMOMC newsletter will be sent out about a week prior to the upcoming meeting. Enjoy reading all the amazing highlights and events Emerald Valley has to offer!

Parties – Courtney Gall

court1305@gmail.com

Thank you for all who came to the Christmas party. I hope you all had a wonderful and safe Holiday.

Keep a look out for the date/time and place for the Spring Party!

Philanthropic – Christine Mazzeo

cmorcha@gmail.com

Our blanket-making day will be held on **Sunday, January 27 from 1:30-3:30 at the North Royalton Library – Room 123.**

Please purchase enough fleece material to make at least one blanket (big enough for a child up to early teens). Choose any pattern(s) you want. You can make a blanket with 2 different sides for a fun twist as well! Please bring fabric scissors if you have them. I do NOT have enough for everyone!

This is a family event! Bring your children (especially those that can tie knots) and your husbands, too! There will not be a lot of space for the really little ones to play or crawl around, but you could always bring someone along to keep an eye on them while they play in the awesome kids section.

I'd really like to make at least 10 blankets for the Chelsea Cares Organization. Let's make this a fun get-together and make some sweet kiddos happy with a new blanket!

Publicity – Megan Perkins/Rikki Price

I really enjoyed the Christmas party with the boys and loved opening a special Emerald Valley gift this year, a clover ornament from the boys! I have been contacting different hospitals and agencies to drop off information about our club, however I am still waiting on the business cards. I am hoping that I will receive them at the board meeting. Once I receive new packets, I plan to not only pass them to hospitals, but fertility clinics and daycares. If you have any suggestions on fun and creative ways to promote our club, please let me know. Please continue to post information regarding our meetings on mom's group Facebook pages. I have information regarding t-shirts and bibs/ baby items to promote the club and hope to increase the budget for publicity to provide information to prospective members. Happy New Year!

Online - Emerald Valley needs your help with publicity so that we can reach new members and grow our fabulous club! You can help in the following ways:

1. If you are surfing the web and randomly see Emerald Valley Meetings/Social Events posted somewhere online please either create a screen shot or print out a copy of that posting so that Kelley can use it in her recognition report, this Spring. Thanks for your help everyone!
2. Also, I can't possibly be in every moms/Facebook group so if you are in a group please share the following message in your private groups to spread the word about our great club:

Hey everyone! Welcome to 2019! Can't believe how fast the year has gone! If you are a mother of twins, triplets, quads, or more please consider joining Emerald Valley Mothers of Multiples Club for our first meeting of the new year, on

Tuesday, January 8th, 2019! We meet in the basement of Southwest General Hospital in Anderson Hall. People usually arrive around 6:45-7, meetings start around 7 and usually go until 8:30 or so. The address for the hospital is 18697 Bagley Road, Middleburg Heights, Ohio 44130. Please park in 'Parking Garage D' off Old Oak Blvd. Take the elevator from the garage to HB (hospital basement) then turn left towards the cafeteria. There will be signs pointing you in the right direction! If you aren't sure we are for you check out our website for more information: <http://www.evmomc.org> or check us out on Facebook: fb.me/EVMOMC
Hope to see you there!

Social

Please check the shared calendar so you do not miss out on these really fun Emerald Valley events!

January events include:

Wed, Jan. 2nd Trip to Cleveland Children's Museum: Open 9am-4pm, \$12 children, \$12 adults (11 mo and under free). Angie Davis heading this EV group event and plans to get there at 9am with meeting for brown bag lunch at 11:30am for whoever is interested. 3813 Euclid Ave, Cleveland, OH 44115. Children's Museum # 216-791-7114. Please let Angie know if you plan to attend so she knows who to look out for. Angie's cell # 330-524-9967, email angeladaviski@hotmail.com.

Tues, Jan 22nd Mom's night out at Maya Mexican restaurant: 6:30pm. 368 W. Bagley Rd, Berea (across from Marc's plaza, behind McDonalds). Please let Angie Davis know if you plan to attend so she knows who to look out for. Angie's cell # 330-524-9967, email angeladaviski@hotmail.com.

Special Needs – Christine Caudill

cdll@frontier.com

SAVE THE DATE! Special needs will be hosting a Valentine's Day Party. February 9th at the North Royalton Library at 1:30. All members are welcome to attend. We will have dancing and crafts. Please bring a snack to share. I will have a post-up on Facebook after the first of the year. Or you can RSVP to cdll43@frontier.com

The Chuck E. Cheese in North Olmsted has Sensory Friendly Sunday's on the 1st Sunday of each month. They offer less crowding and noise, dimmed lighting, shows and music turned down or off and limited appearances of Chuck E. Food and games are offered.

The AMC theater in Ridge Park Square offers many sensory friendly movies and times. They offer family friendly movies on the 2nd and 4th Saturday of each month and Tuesday evenings for more mature audiences. Check their website for movies offered each month.

Find support for a family member with Down's Syndrome at The Up Side of Downs. 6533 Brecksville Road, Independence, OH 44131. Their phone number is 216-447-8763. They hold their parent's night out the 2nd Wednesday of each month from 7:00 – 9:00 pm at Twisted Burgers & Sushi, 985 Boardman Alley in Medina. For questions you can contact Jamie at jamedanielconditioned@yahoo.com or Kelly at kelly@premieraccountingllc.com

The first Thursday of each month - Special Need Day at Scene 75 – Scene 75 wants to provide a fun, free and interactive experience for those with special needs. The program is designed to help improve and develop social and motor skill, hand and eye coordination, reaction time and recognition, all in a safe and controlled environment. Scene 75 is located at 3688 Center Road in Brunswick, OH. This event is held the 1st Thursday of every month from 11:00 am to 10:00 pm. There is no age restriction on the person with special needs. Siblings can and are encouraged to participate to make things easier and more comfortable for the individual with special needs. However, attractions are not free to siblings. Parents and/or guardians are required to stay and help the person with special needs. What the person with special needs get? They get 9 holes of blacklight mini golf, 1 spin zone ride and a \$10.00 game card. Sibling card with the same activities can be purchased at a discounted rate. For more information and to register call the office at 234-803-1100 or check out their website at <http://www.scene75.com>, program details are listed under Scene 75 Cares.

Coffee, tea and Autism has a new time and a new location. It is now 5:30 – 6:30 pm at the ESC of Medina County. 124 W. Washington Street, Medina. For more information contact Rachel at krauss618@gmail.com or go to www.AutismAkro.org

Royal Redeemer Lutheran Church in North Royalton is doing a Buddy Break program. This is a free program for kids with special needs can go and have fun, play games, etc. The respite dates are the third Sunday of every month (except April) from 1pm to 4pm. Parents can then have a much-needed break while screened and trained volunteers take care of and play with your special needs child(ren) and their siblings. Who qualifies? Kids with special needs with special needs, which include any physical, cognitive, medical or hidden disability chronic or life-threatening illness, or those medically fragile ages 2- 16 and their siblings 4 years old to 7th grade. For more information please contact Lynn Ebner at lebner@royred.org or 440-237-7958 ext. 151.

Wishing all of you a happy and healthy new year!

March of Dimes – Katy Baddorf

Is your New Year's resolution to help others? Why not consider helping a sick baby or their family through a donation to the March of Dimes? Or join us as we walk on Saturday, May 11 around Wade Oval. Registration and kids' activities start at 8:30am and the walk starts at 10am.

Sunshine – Angie Davis

angeladaviski@hotmail.com

If you know of any Emerald Valley members/family members who have had recent hospitalizations, illnesses, deaths, births or adoptions, please contact me at angeladaviski@hotmail.com, 330-524-9967, or find me on Facebook – Angie Tutak Davis.

SPREADING SUNSHINE

We lift up the Caudill Family. Member, Christine, recently lost her mother-in-law. Prayers to Christine and her husband, Ernie, and family, in this difficult time.

Website – Rikki Price

rikki.price@icloud.com

The monthly calendar, newsletters, and meeting minutes are posted in the members only section of our website. Please check it out, and don't forget to check the forums from time to time to see if anyone has posted anything!

If you have any photos from the Christmas party, please share so I can post them online!

OFMOTC NEWS –Sheri Bickerton

sheri.bickerton@yahoo.com

If you have not already joined the OFMOTC Facebook page, I highly encourage you to do so. All paid EV members are automatically members of OFMOTC. Take advantage of an additional multiples resource outlet! Join OFMOTC Facebook page for multiples info – local & statewide!

OFMOTC Winter Twinformation articles are due no later than January 15, 2019. Articles should be emailed to ofmotcCorrSec@gmail.com (Our President, Kelley Mendoza will be submitting Emerald Valley's newsletter article.) The Winter Twinformation newsletter will be emailed out to all clubs late January or early February.

The OFMOTC spring board meeting will be in the Columbus area on April 5-6, 2019. More information to follow in the upcoming months.

Be Fit & Fabulous! – Katy Baddorf

smylz89@yahoo.com

Are you looking for a way to shed those extra holiday cookies? This year we welcome back the EVMOMC weight-loss challenge. Weigh-ins will be held starting at the January meeting and will continue monthly until the April meeting. If you cannot make a meeting, I will try to make arrangements with you to get weighed-in.

To get you more motivated, the cost to participate is \$10, which will be divided up as a grand prize, second place prize and a club donation at MOY dinner in May. I will calculate the percentage of weight lost (or gained) to determine the winner. The amount given will be determined by the number of participants.

If you are interested in more details or have questions, please email me at smylz89@yahoo.com

Happy
Birthday

*** MOMS BIRTHDAYS ***

1/16 Megan Perkins

*** KIDS BIRTHDAYS ***

1/4 Zach Hallum

1/12 Charlie Mendoza

1/29 Austin & Brandon Bickerton

**Emerald Valley Mothers of Multiples Club
Membership Data Sheet**

Name: _____ Husband's Name: _____

Street Address: _____

City, Zip Code: _____

Telephone: () _____ E-Mail Address: _____

Your Birth Date: _____ Anniversary: _____

How did you find out about EVMOMC? _____

Multiples Names and Birth Date: _____

Other Children's Names and Birth Dates: _____

Hobbies, Interests, Special Talents: _____

To be completed by Club Officer:

Amount Paid \$ _____ New Mom's Packet Distribution Date: _____

For Club Year _____ Membership Chair Initials _____

Date _____ Newsletter Mailing List _____

Treasurer's Initials _____ Club Directory Distributed _____