

Emerald Valley Mothers of Multiples



President – Kelley Mendoza

kmendozaslp@gmail.com

February is one of my favorite months of the year. I love snow covered trees, skiing with my family and watching the beautiful snow fall outside, but . . . I also love February because it means Spring is coming and SUN will soon follow!




The OFMOTC Spring Board Meeting will be held April 5th and 6th in Columbus at Polaris! What a great location and great shopping. If you are interested in attending, please email Kelley or Katy as soon as possible. We would LOVE to have a few of you there! If you are thinking about running for an executive board position, this would be a great opportunity to come and see what OFMOTC is all about.

This quote is so fitting for the month of February, “Volunteers do not necessarily have the time; they just have the heart.” ~ Elizabeth Andrews. Please consider a few extra minutes for Emerald Valley to serve on either the executive or general board. We all know that volunteering is a wonderful feeling and the rewards are endless. You will find a description of position at the end of the newsletter. Please let me know if you are interested in a position or if you have any questions about the positions.

~PARTY LOVE PARTY LOVE~ Our Valentines Party will be on Saturday, February 9th from 1:45-3:45 at the North Royalton Library. The party is sponsored by Mentoring and Special Needs. It's so fun to watch the little ones interact with each other and the big ones reunite at each of our club parties and social events. They form a unique bond with each other and may build a friendship that lasts forever! Wear your festive heart apparel, red or pink.

Mother of the Year nomination forms are due to Katy by February 15th. We have MANY deserving members so please consider nominating someone. One lucky lady will be chosen as our 2019 Mother of the Year.... It could be YOU!!!

Please remember that our EVMOMC website is a great resource to find the monthly social calendar, past newsletters, bylaws, monthly meeting minutes and MORE.

We are in the  of winter and it seems as if the cold temperatures are not going to go away!

Please be safe and be sure to bundle up those little ones! Enjoy some family fun time during this month of FEBRUARY and cherish the blessings that are all around you!!!

February 2019

UPCOMING FEBRUARY
MEETING:
2/5/19 – 7:00pm

Meeting Location:
SW General Hospital in
Anderson Hall meeting
room located in the Free
garage parking. Use
garage elevators to HB
then follow signs to
Anderson Hall room

After meeting social at
Two Bucks in
Middleburg.

*Thank you
to all those
who purchased
Super Bowl Squares!*

Mailing Address:

**EVMOMC
PO Box 30433
Middleburg Hts., OH 44130**

Visit Our Web Site:

www.evmomc.org

Search “EVMOMC” on
Facebook - Public Page &
Members Only Page

Newsletter Editor:

Kimberly DeGross
Kimberly.r.degross@gmail.com

1st VP/Membership – Kim Baga

kimberlybaga@hotmail.com

Parenting is a hard job and there is no manual. At our February meeting, we will discuss parenting strategies and hints. We will have resources and tips from online experts and books available to browse.

2nd VP/Membership – Jeanette Louis

noahark6405@yahoo.com

Join us at our February meeting to pick up your 2017-2018 EVMOMC directory.

Thank you to those of you who have met a mom with multiples and have passed on EVMOMC information! If anyone meets a perspective member and would like me to reach out to them, please email or text me and I will be happy to send them information about EVMOMC and an invitation to join us at our next meeting. I can be reached at noahark6405@yahoo.com or 216-210-4749.

Treasurer - Katy Baddorf

smylz89@yahoo.com

If you are interested in attending Winter OFMOTC Boards, please let Kelley Mendoza or I know ASAP. As a reminder, the club pays for half of your expenses!

Membership dues, receipts (originals only, please) & other correspondence can be given to me at meetings or can be mailed to:

EVMOMC
PO BOX 30433
Cleveland, Ohio 44130

Secretary – Sheri Bickerton

sheri.bickerton@yahoo.com

Monthly meeting minutes will be emailed out to all members within two weeks of the meeting date. Minutes will also be published on our EV website: www.evmomc.org Be sure to check it out and catch up on the latest EV news and information so that you are up-to-date on what's happening and know the club's scheduled events & activities.

Alumni Advisor – Rikki Price

rikki.price@icloud.com

Hey everyone! Hope all is well! Please continue to update your binders as officer elections will be held soon. If you have any questions feel free to call, text, or email me!

Rikki.price@icloud.com
(440)554-8652

Historian – Kimberly DeGross

kimberly.r.degross@gmail.com

Please be sure to send me any pictures you have taken from Emerald Valley events, playgroups or get togethers of any kind so they can be included in the end of the year slide show. I will also be using pictures posted to our Facebook page.

Mentoring – Jeanette Louis

noahark6405@yahoo.com

The Valentines Party will be February 9th at the North Royalton Library at 1:30. Join us for crafts, games, and light snacks to celebrate Valentine's Day. This event is open to all members and families. Let me know if your family will be able to make it so that I can plan accordingly. Looking forward to seeing you there.

Thank you to those of you who signed up to be possible mentors for any new members that join this year. If anyone else is interested in becoming a mentor, please let me know and I will include you on the contact list. All new members will given a mentor that is willing to guide them through the various aspects of what our club has to offer. This mentor can be of help with any questions pertaining to the daily life of raising multiples, a supportive and understanding friend to remind these moms that they are not alone, and a friendly face to make them feel comfortable and welcome them at

meetings and events. Feel free to text or email me with your interest or any questions that you have. 216-210-4749 or noahark6405@yahoo.com.

Mother of the Year – Katy Baddorf

smylz89@yahoo.com

It has been an honor and a privilege to wear the crown of Mother of the Year the last several months. It's that time of the year where we need to start thinking about our members and who is going to take my place. Each year we have the opportunity to acknowledge one of our wonderful members and all the hard work and support they provide our club and their family. The nominations are anonymously judged by a sister club and will be announced at our April meeting. The Mother of the Year will be crowned on May 7th at our Mother of the Year banquet that is held off site from our regular meeting.

Please have all nomination forms submitted no later than February 15th. You can email, mail, or turn the form in to me at a meeting. A copy of the nomination form is included at the bottom of the newsletter. If you need any help or have any questions feel free to contact me via email Smylz89@yahoo.com or on my cell 937-238-0160.

Our yearly MOY dinner will take place on May 7th at Matteo's in Olmstead Falls. If you would like to attend, please send \$10 to the PO Box or give it to me before April 30th. This is a fun evening to spend socializing with friends and getting a warm meal. I hope everyone can make it!

Newsletter – Kimberly DeGross

kimberly.r.degross@gmail.com

The monthly EVMOMC newsletter will be sent out about a week prior to the upcoming meeting. Enjoy reading all the amazing highlights and events Emerald Valley has to offer!

Parties – Courtney Gall

court1305@gmail.com

Save the Date: Spring Swimming/GYM Party

Saturday April 13th, 3-5pm at the Strongsville Rec Center!!!

Come swim or play in the gym for our Spring Party.

We will have a meeting room for the whole time to come & relax if you would like and to have a snack.

The club is going to pick up the cost for 2 adults and your Multiples. All other children are invited, the price is below:

ages 0-3: FREE

ages 4-6 \$2

ages 7 and up are \$3

Trustee – Tracey Miller

tkach70@yahoo.com

At the January Executive board meeting the club by-laws were reviewed and changes made. At the January meeting those changes were discussed with membership, voted on and approved. Attached to the newsletter email is a copy of the revised by-laws for your review. If you are an officer or chairperson, it is necessary that you print this document out and put it in your binder. Also, please make sure to review any information regarding your position as there may be changes affecting you. Should you have any questions regarding the changes, or our by-laws in general, please do not hesitate to contact me.

Publicity – Megan Perkins/Rikki Price

In-Person - I hope everyone is enjoying the winter weather! January has been an eventful month with Graham having surgery and my mom being in the ICU. Both are home and doing well, but please send positive vibes our way for continued healing. I have started dropping off information regarding our club to doctor's offices and daycares in Medina. If you need business cards or brochures, I have a box of them. It would be great if everyone could drop information off at your pediatricians. That way we all spread the word! I will be sending our information to Northeast Ohio Parent, The MiMi and Macaroni Kids to get our meeting dates out there. Please let me know if you have ideas for t-shirts. It has been a while since t-shirts were ordered.

Online - Emerald Valley needs your help with publicity so that we can reach new members and grow our fabulous club! You can help in the following ways:

1. If you are surfing the web and randomly see Emerald Valley Meetings/Social Events posted somewhere online please either create a screen shot or print out a copy of that posting so that Kelley can use it in her recognition report, this Spring. Thanks for your help everyone!

2. Also, I can't possibly be in every moms/Facebook group so if you are in a group please share the following message in your private groups to spread the word about our great club:

*If you are a mother of twins, triplets, quads, or more please consider joining Emerald Valley Mothers of Multiples Club for our first meeting of the new year, on Tuesday, February 5th, 2019! We meet in the basement of Southwest General Hospital in the Williams-F room. People usually arrive around 6:45-7, meetings start around 7 and usually go until 8:30 or so. The address for the hospital is 18697 Bagley Road, Middleburg Heights, Ohio 44130. Please park in 'Parking Garage D' off Old Oak Blvd. Take the elevator from the garage to HB (hospital basement) then turn left towards the cafeteria. There will be signs pointing you in the right direction! If you aren't sure we are for you check out our website for more information: <http://www.evmomc.org> or check us out on Facebook: <fb.me/EVMOMC>
Hope to see you there!*

Social

Please check the shared calendar so you do not miss out on these really fun Emerald Valley events!

February events include:

Valentine's Day Party: The Valentines Party will be February 9th at the North Royalton Library at 1:30. Join us for crafts, games, and light snacks to celebrate Valentine's Day. This event is open to all members and families.

Moms Night Out! Tuesday, February 26th at 7:00pm at Brew Garden in Middleburg Hts.

Special Needs – Christine Caudill

cdll@frontier.com

SAVE THE DATE! Special needs & Mentoring will be hosting a Valentine's Day Party. February 9th at the North Royalton Library at 1:30. All members are welcome to attend. We will have dancing. Please bring a snack to share. I will have a post-up on Facebook. Or you can RSVP to cdll43@frontier.com

Saturday, February 16th – Sensory Storytime at the Brunswick Library at 10:30 am. Please register for this event at 330-273-4150.

The Chuck E. Cheese in North Olmsted has Sensory Friendly Sunday's on the 1st Sunday of each month. They offer less crowding and noise, dimmed lighting, shows and music turned down or off and limited appearances of Chuck E. Food and games are offered.

The AMC theater in Ridge Park Square offers many sensory friendly movies and times. They offer family friendly movies on the 2nd and 4th Saturday of each month and Tuesday evenings for more mature audiences. Check their website for movies offered each month.

Find support for a family member with Down's Syndrome at The Up Side of Downs . 6533 Brecksville Road, Independence, OH 44131. Their phone number is 216-447-8763. They hold their parents night out the 2nd Wednesday of each month from 7:00 – 9:00 pm at Twisted Burgers & Sushi, 985 Boardman Alley in Medina. For questions you can contact Jamie at jamedanielconditioned@yahoo.com or Kelly at kelly@premieraccountingllc.com

The first Thursday of each month - Special Need Day at Scene 75 – Scene 75 wants to provide a fun, free and interactive experience for those with special needs. The program is designed to help improve and develop social and motor skill, hand and eye coordination, reaction time and recognition, all in a safe and controlled environment. Scene 75 is located at 3688 Center Road in Brunswick, OH. This event is held the 1st Thursday of every month from 11:00 am to 10:00 pm. There is no age restriction on the person with special needs. Siblings can and are encouraged to participate to make things easier and more comfortable for the individual with special needs. However, attractions are not free to siblings. Parents and/or guardians are required to stay and help the person with special needs. What the person with special

needs get? They get 9 holes of blacklight mini golf, 1 spin zone ride and a \$10.00 game card. Sibling card with the same activities can be purchased at a discounted rate. For more information and to register call the office at 234-803-1100 or check out their website at <http://www.scene75.com> program details are listed under Scene 75 Cares.

Coffee, tea and Autism has a new time and a new location. It is now 5:30 – 6:30 pm at the ESC of Medina County. 124 W. Washington Street, Medina. For more information contact Rachel at krauss618@gmail.com or go to www.AutismAkro.org

Royal Redeemer Lutheran Church in North Royalton is doing a Buddy Break program. This is a free program for kids with special needs can go and have fun, play games, etc. The respite dates are the third Sunday of every month (except April) from 1pm to 4pm. Parents can then have a much needed break while screened and trained volunteers take care of and play with your special needs child(ren) and their siblings. Who qualifies? Kids with special needs with special needs, which include any physical, cognitive, medical or hidden disability chronic or life-threatening illness, or those medically fragile ages 2- 16 and their siblings 4 years old to 7th grade. For more information please contact Lynn Ebner at lebner@royred.org or 440-237-7958 ext. 151.

Wishing all of you a happy and healthy new year

March of Dimes – Katy Baddorf

Registration for the March of Dimes for this year is now open. Join us as we walk on Saturday, May 11 around Wade Oval. Registration and kids' activities start at 8:30am and the walk starts at 10am. Money raised supports babies and their families born prematurely.

Sunshine – Angie Davis

angeladaviski@hotmail.com

If you know of any Emerald Valley members/family members who have had recent hospitalizations, illnesses, deaths, births or adoptions, please contact me at angeladaviski@hotmail.com, 330-524-9967, or find me on Facebook – Angie Tutak Davis.

SPREADING SUNSHINE

Prayers to Graham, singleton son of member Megan Perkins, on his recovery from a recent surgery. And now, introducing (On the EV Newsletter at Least), our newest and smallest “members” of Emerald Valley: Twin boys, Dexter Joseph and Colton James, were born on January 9th to Tricia Cardilino and her husband, John. CONGRATULATIONS Tricia on becoming a “Mother of Multiples.” What a double blessing you have!!!



Website – Rikki Price

rikki.price@icloud.com

The monthly calendar, newsletters, and meeting minutes are posted in the members only section of our website. Please check it out, and don't forget to check the forums from time to time to see if anyone has posted anything!

OFMOTC NEWS –Sheri Bickerton

sheri.bickerton@yahoo.com

If you have not already joined the OFMOTC Facebook page, I highly encourage you to do so. All paid EV members are automatically members of OFMOTC. Take advantage of an additional multiples resource outlet! Join OFMOTC Facebook page for multiples info – local & statewide!

The OFMOTC Winter Twinformation newsletter should be coming out very soon. It will be emailed to our President, Kelley Mendoza. Kelley will then forward it to all of our EV members. Be sure to take a few minutes to scroll through it. See what's happening at the state level as well as hearing what other clubs throughout Ohio are doing.

The OFMOTC spring board meeting will be in the Columbus area on April 5-6, 2019. More information will probably be announced in the OFMOTC Twinformation newsletter.

Be Fit & Fabulous! – Katy Baddorf

smylz89@yahoo.com

It is not too late to join this year's weight-loss challenge! Please contact me by our February meeting to get signed up and weighed in. To get you more motivated, the cost to participate is \$10, which will be divided up as a grand prize, second place prize and a club donation at MOY dinner in May. I will calculate the percentage of weight lost (or gained) to determine the winner. The amount given will be determined by the number of participants.

If you are interested in more details or have questions, please email me at smylz89@yahoo.com.



*** KIDS BIRTHDAYS ***

2/7 Paige & Kendall St. Clair

2/11 Monica Nimberger

2/23 Isiah Joyal

2/27 Nathaniel & Matthias Louis

**Emerald Valley Mothers of Multiples Club
Membership Data Sheet**

Name: _____ Husband's Name: _____

Street Address: _____

City, Zip Code: _____

Telephone: () _____ E-Mail Address: _____

Your Birth Date: _____ Anniversary: _____

How did you find out about EVMOMC? _____

Multiples Names and Birth Date: _____

Other Children's Names and Birth Dates: _____

Hobbies, Interests, Special Talents: _____

To be completed by Club Officer:

Amount Paid \$ _____ New Mom's Packet Distribution Date: _____

For Club Year _____ Membership Chair Initials _____

Date _____ Newsletter Mailing List _____

Treasurer's Initials _____ Club Directory Distributed _____

BRIEF DESCRIPTION OF POSITIONS (updated 1/24/19)

PRESIDENT: Leads the monthly meetings and oversees all club activities. Participates in, and is the main contact for, Ohio Federation.

1st VP: Coordinates meeting activities (scheduling speakers, programs, etc.). Fills in for President when necessary. Responsible for filling positions for the following year.

2nd VP/MEMBERSHIP: Responsible for maintaining, updating and distributing all membership information. Handles all incoming membership requests from FB. Pairs mentees with mentors and oversees mentoring program.

TREASURER: Handles all monies that come in to or go out of club. Responsible for all banking and bill paying. Files all necessary paperwork. Checks and maintains post office box.

ALUMNI ADVISOR: Advises and assists current President as needed. Performs installation of new officers in May. This position should be the Immediate Past President if available or another past President.

TRUSTEE #1: Assists the club in parliamentary rules and regulations governing the club and by-laws. Handles Bylaw revision every odd number year.

TRUSTEE #2: Assists the Treasurer in bookkeeping, insurance policies, tax information and end of year audit. Maintains 7 years of financial records for the club.

FUNDRAISING (PRIMARY): Organizes at least one main fundraising event to raise money for club. (Reverse Raffle, Clothing Sale, Wing Ding etc)

FUNDRAISING (SECONDARY): Organizes periodic fundraisers throughout the club year to raise money for the club. (Restaurant Give Back Nights, Lottery Tickets or selling specific items such as cards, candy bars, candles, cookie dough etc)

HISTORIAN: Collects club papers, articles, reports and pictures to be organized into a keepsake scrapbook. Creates and presents a year end slideshow of pictures submitted from members to showcase their children, families and club events.

CHARITABLE WALK COORDINATOR: Helps organize a charity walk, fundraising efforts and/or will have 1 meeting available to them for discussion/education regarding the charity organization.

MOTHER of the YEAR: Manages mother of the year nominations. Coordinates and plans annual MOY dinner in May. Position held by previous year MOY when able.

NEWSLETTER: Receives and compiles newsletter information on a monthly basis and emails to members each month.

PARTIES: Coordinates up to 3 parties (fall, winter and spring) members and their families.

PHILANTHROPIC: Organizes the support we will give charities and/or local organizations throughout the year.

PUBLICITY OFFLINE: Coordinates and maintains hospital and clinic contacts. Distributes brochures/business cards to hospitals and clinics. Includes all face to face or phone communication. Finds new ways to promote Emerald Valley to the community.

PUBLICITY ONLINE: Coordinates and maintains all news releases to local papers and posts our linked site to other websites, Facebook groups, etc. Finds new ways to promote Emerald Valley to the community.

SOCIAL: Plans and coordinates various outings and activities for members and/or kids throughout the year and creates monthly social calendar.

SPECIAL NEEDS: Assists members who have children with special needs.

SUNSHINE: Sends cards, emails, etc. to members who are ill or have had major events occur within their lives.

WEBSITE: Monitors and maintains club website and Facebook pages. Helps new members with any technical issues.

TWINDSDAYS: Coordinates members to walk in annual Twinsdays parade and if desired, request assistance to create a float in accordance with the yearly Twinsdays theme.