

Emerald Valley Mothers of Multiples



President – Kelley Mendoza

kmendozaslp@gmail.com



Happy Spring! Welcome to two of our newest members, Lyndsey and Amanda! We are so glad that you joined Emerald Valley. I am excited about our upcoming April meeting. We will be busy and we have a lot to cover. We will conduct regular business, hold Executive Board elections for the 2019-2020 club year and we will be announcing our 2019 Mother of the Year nominees! So exciting! I also want to thank the members that took the time to submit nominations for our 2019 Mother of the Year. Please note, we will NOT have our regular May monthly meeting at Southwest General Hospital. Instead, we will gather together at Matteo's Restaurant in Olmsted Falls for a special recognition dinner, to crown our 2019 Mother of the Year, and celebrate each of us as wonderful MoMs. Thank you Sheri, for planning a fun MoM's night out at Bingo last week. It was a lot of fun and took a lot of concentration!

There are still **many** unfilled officer and chair positions available. We need to fill these positions in order for Emerald Valley to continue. So please consider taking on a new position, continue with your current or teaming up with a friend to split a position. **The following position need to be filled: President, 1st VP, Trustee #1 and #2, Fundraising, Historian, Newsletter, Philanthropic, Publicity, Social, Sunshine, and Twins Day.**

In appreciation of YOU - for being an amazing Emerald Valley member - please join us for Member Appreciation Night. Date and location TBA (see the Facebook poll). Appetizers will be provided. I can't wait to celebrate with each and every one of our amazing members and I can't wait to see you on April 2nd for our monthly meeting.

April 2019

UPCOMING APRIL
MEETING:
4/2/19 – 7:00pm

Meeting Location:
SW General Hospital in
Anderson Hall meeting
room located in the Free
garage parking. Use
garage elevators to HB
then follow signs to
Anderson Hall room

After meeting social at
Two Bucks in
Middleburg.



Mailing Address:

**EVMOMC
PO Box 30433
Middleburg Hts., OH 44130**

Visit Our Web Site:

www.evmomc.org

Search "EVMOMC" on
Facebook - Public Page &
Members Only Page

Kimberly DeGross
Kimberly.r.degross@gmail.com

1st VP – Kim Baga

kimberlybaga@hotmail.com

At our April meeting, we will announce the Mother of the Year nominees. Can't wait to see the wonderful ladies who will be nominated this year! We will also hold Board elections for the 2019-2020 year. If you are interested in a volunteering for a position for next year, or have any questions about a position, please let Kelley or me know.

2nd VP/Membership – Jeanette Louis

noahark6405@yahoo.com

I would like to welcome our newest EVMOMC member!

Amanda Schmigel and her husband Joseph live in Medina with their 3-month-old twin girls, Juliette and Isabella.

Thank you to those of you who have met a mom with multiples and have passed on EVMOMC information! If anyone meets a perspective member and would like me to reach out to them, please email or text me and I will be happy to send them information about EVMOMC and an invitation to join us at our next meeting. I can be reached at noahark6405@yahoo.com or 216-210-4749.

Treasurer - Katy Baddorf

smylz89@yahoo.com

Don't forget that \$10 for MOY dinner reservations are due April 30. Also, get your money sent in for our April pool party - you, one other adult, your multiples, and children 3 and under are free. For all other children, ages 4-6 are \$2, and 7 and up are \$3; this is a HUGE discount!

MOY dinner money, pool party money, receipts (originals only, please) & other correspondence can be given to me at meetings or can be mailed to:

EVMOMC

PO BOX 30433

Cleveland, Ohio 44130

Secretary – Sheri Bickerton

sheri.bickerton@yahoo.com

Monthly meeting minutes will be emailed out to all members within two weeks of the meeting date. Minutes will also be published on our EV website: www.evmomc.org Be sure to check it out and catch up on the latest EV news and information so that you are up-to-date on what's happening and know the club's scheduled events & activities.

Alumni Advisor – Rikki Price

rikki.price@icloud.com

If you are considering a board position and want more details please let me know, I would be happy to chat! Chairs, please continue to update your binders as officer elections will be held soon. If you have any questions feel free to call, text, or email me!

Rikki.price@icloud.com
(440)554-8652

Historian – Kimberly DeGross

kimberly.r.degross@gmail.com

We are getting closer to June, which means closer to viewing our end of the year slide show! Help make it special! Please be sure to send me any pictures you have taken from Emerald Valley events, playgroups or get togethers of any kind so they can be included in the end of the year slide show. I will also be using pictures posted to our Facebook page.

Mentoring – Jeanette Louis

noahark6405@yahoo.com

Thank you to those of you who signed up to be possible mentors for any new members that join this year. If anyone else is interested in becoming a mentor, please let me know and I will include you on the contact list. All new members will be given a mentor that is willing to guide them through the various aspects of what our club has to offer. This mentor can be of help with any questions pertaining to the daily life of raising multiples, a supportive and understanding friend to remind these moms that they are not alone, and a friendly face to make them feel comfortable and welcome them at meetings and events. Feel free to text or email me with your interest or any questions that you have. 216-210-4749 or noahark6405@yahoo.com.

Mother of the Year – Katy Baddorf

smylz89@yahoo.com

A HUGE thank you to everyone that took the time to nominate a deserving mother! I am so excited to announce the nominations at the April meeting!

At the MOY dinner, taking place on May 7th, you will find out who gets to wear the crown this year. It will be held at Matteo's Restaurant in Olmstead Falls beginning at 6:30. The cost to attend is \$10, which includes a HOT meal, great company, and an awards night to remember. Not only will the Mother of the Year be crowned, but next year's board will be installed, and 5 and 10-year members will be recognized. Please turn in money by April 30 in person or mail to the PO Box.

Newsletter – Kimberly DeGross

kimberly.r.degross@gmail.com

The monthly EVMOMC newsletter will be sent out about a week prior to the upcoming meeting. Enjoy reading all the amazing highlights and events Emerald Valley has to offer!

Parties – Courtney Gall

court1305@gmail.com

Save the Date: Spring Swimming/GYM Party

Saturday April 13th 3-5pm at the Strongsville Rec Center!!! Come swim or play in the gym for our Spring Party.

We will have a meeting room for the whole time to come relax if you would like and have a snack.

The club is going to pick up the cost for 2 adults and your Multiples. All other children are invited, the price is below:

ages 0-3: FREE

ages 4-6 \$2

ages 7 and up are \$3

Publicity – Megan Perkins/Rikki Price

Online - Emerald Valley needs your help with publicity so that we can reach new members and grow our fabulous club!

You can help in the following ways:

1. If you are surfing the web and randomly see Emerald Valley Meetings/Social Events posted somewhere online please either create a screen shot or print out a copy of that posting so that Kelley can use it in her recognition report, this Spring. Thanks for your help everyone!
2. I am posting these messages on Facebook in moms groups and sales sites. I can't possibly be in every moms/Facebook group so if you are in a group please share the following message in your private groups to spread the word about our great club:

If you are a mother of twins, triplets, quads, or more please consider joining Emerald Valley Mothers of Multiples Club for our first meeting of the new year, on Tuesday, April 2nd, 2019! We meet in the basement of Southwest General Hospital in Anderson Hall. People usually arrive around 6:45-7, meetings start around 7 and usually go until 8:30 or so. The address for the hospital is 18697 Bagley Road, Middleburg Heights, Ohio 44130. Please park in 'Parking Garage D' off Old Oak Blvd. Take the elevator from the garage to HB (hospital basement) then turn left towards the cafeteria. There will be signs pointing you in the right direction! If you aren't sure we are for you check out our website for more information: <http://www.evmomc.org> or check us out on Facebook: [fb.me/EVMOMC](https://www.facebook.com/EVMOMC)
Hope to see you there!

Special Needs – Christine Caudill

cdll@frontier.com

The Chuck E. Cheese in North Olmsted has Sensory Friendly Sunday's on the 1st Sunday of each month. They offer less crowding and noise, dimmed lighting, shows and music turned down or off and limited appearances of Chuck E. Food and games are offered.

The AMC theater in Ridge Park Square offers many sensory friendly movies and times. They offer family friendly movies on the 2nd and 4th Saturday of each month and Tuesday evenings for more mature audiences. Check their website for movies offered each month.

Find support for a family member with Down's Syndrome at The Up Side of Downs . 6533 Brecksville Road, Independence, OH 44131. Their phone number is 216-447-8763. They hold their parents night out the 2nd Wednesday of each month from 7:00 – 9:00 pm at Twisted Burgers & Sushi, 985 Boardman Alley in Medina. For questions you can contact Jamie at jamiedanielconditioned@yahoo.com or Kelly at kelly@premieraccountingllc.com

The first Thursday of each month - Special Need Day at Scene 75 – Scene 75 wants to provide a fun, free and interactive experience for those with special needs. The program is designed to help improve and develop social and motor skill, hand and eye coordination, reaction time and recognition, all in a safe and controlled environment. Scene 75 is located at 3688 Center Road in Brunswick, OH. This event is held the 1st Thursday of every month from 11:00 am to 10:00 pm. There is no age restriction on the person with special needs. Siblings can and are encouraged to participate to make things easier and more comfortable for the individual with special needs. However, attractions are not free to siblings. Parents and/or guardians are required to stay and help the person with special needs. What the person with special needs get? They get 9 holes of blacklight mini golf, 1 spin zone ride and a \$10.00 game card. Sibling card with the same activities can be purchased at a discounted rate. For more information and to register call the office at 234-803-1100 or check out their website at <http://www.scene75.com> program details are listed under Scene 75 Cares.

Coffee, tea and Autism has a new time and a new location. It is now 5:30 – 6:30 pm at the ESC of Medina County. 124 W. Washington Street, Medina. For more information contact Rachel at krauss618@gmail.com or go to www.AutismAkro.org

Royal Redeemer Lutheran Church in North Royalton is doing a Buddy Break program. This is a free program for kids with special needs can go and have fun, play games, etc. The respite dates are the third Sunday of every month (except April) from 1pm to 4pm. Parents can then have a much-needed break while screened and trained volunteers take care of and play with your special needs child(ren) and their siblings. Who qualifies? Kids with special needs with special needs, which include any physical, cognitive, medical or hidden disability chronic or life-threatening illness, or those medically fragile ages 2- 16 and their siblings 4 years old to 7th grade. For more information please contact Lynn Ebner at lebner@royred.org or 440-237-7958 ext. 151.

Looking for a tie for that special occasion? Check out H-Bomb Ties (<https://hbombties.com>). They are a clothing brand inspired by Harrison (he has Downs and is on the Autism spectrum) that specializes in fun bow ties for children and adults. They also have regular ties. Check them out on Facebook at H-Bomb Ties. Harrison's parents founded this company to have a job ready and waiting for their special needs son. Even at 9 he helps to package and deliver these fabulous looking ties.

Have a child with an IEP? They can be confusing and hard to understand. The Medina County Achievement Center is hosting a free presentation "your child's IEP" on Wednesday, April 10th from 6 to 8 pm. Learn more about the elements of an IEP from the nationally known special education attorney and advocate Kerry Agins. It will be at the Medina County Achievement Cents board conference room 4691 Windfall Road, Medina. You can register for this class by contacting Matt Sweeney at msweeney@mcbdd.org or 330-725-7751 ext. 306. (Please register by Monday, April 8th)

March of Dimes – Katy Baddorf

Registration for our team Emerald Valley Mother's of Multiples for the March of Dimes, which will take place on Saturday, May 11 on the East Bank of the Flats, is now open. Visit www.marchforbabies.org to donate, register for our team, and/or sign your children up for the Superhero Sprint. Kids' activities, including the free Superhero Sprint (complete with cape!) start at 8:30am and the 1 mile/3 mile walk starts at 10am. You do not have to attend to donate to this cause

Sunshine – Angie Davis

angeladaviski@hotmail.com

If you know of any Emerald Valley members/family members who have had recent hospitalizations, illnesses, deaths, births or adoptions, please contact me at angeladaviski@hotmail.com, 330-524-9967, or find me on Facebook – Angie Tutak Davis.

SPREADING SUNSHINE

****Please send prayers of healing for the father of Kelly Mendoza****

“Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” – Isaiah 41:10

“Take one day at a time. Today, after all, is the tomorrow you worried about yesterday.” – Billy Graham

Website – Rikki Price

rikki.price@icloud.com

Please send me any photos or upload them in the Facebook secret group and let me know, so that I can post them on the website. These are great to show our year in review! The monthly calendar, newsletters, and meeting minutes are posted in the members only section of our website. Please check it out, and don't forget to check the forums from time to time to see if anyone has posted anything!

OFMOTC NEWS – Sheri Bickerton

sheri.bickerton@yahoo.com

I hope you all had a chance to read the OFMOTC Twinformation that Kelley Mendoza sent out. Kelley also sent it to our Members Only Facebook page for your convenience. The OFMOTC Spring Board meeting will be at the Cambria Suites Columbus/Polaris on April 5-6, 2019. Emerald Valley took a vote at the March meeting to determine the Philanthropic organization that EV will submit to OFMOTC. The most popular vote was for Caring Cubs, a group centered in NE Ohio that creates opportunities for families to introduce children of all ages to volunteering. You can learn more about this organization at www.caringcubs.org We will find out if our submission wins at the 70th Annual OFMOTC Convention which will be hosted in Toledo by the Toledo Mothers of Twins Club in Toledo on June 21-22, 2019.

If you are interested in becoming an Officer or Chairwoman for OFMOTC, there is still time to submit a nomination form. The nomination form needs to be submitted to OFMOTC by April 1, 2019.

Social – April 2019

Member Appreciation Night!

April 16th at Brew Garden in Strongsville
16555 South Park Center
6:00pm
Appetizers on EV!

Kids Outings:

Spring Pool Party
April 13th
3:00 – 5:00 pm
Strongsville Rec Center

KIDS EAT FREE LISTING:

Includes 50+ Restaurants in Northeast Ohio

This is a great reference guide to save a few bucks while enjoying a family meal.

www.northeastohiofamilyfun.com/kids-eat-free/

Jump to specific day: [Kids Eat Free Monday](#) | [Kids Eat Free Tuesday](#) | [Kids Eat Free Wednesday](#) | [Kids Eat Free Thursday](#) | [Kids Eat Free Friday](#) | [Kids Eat Free Saturday](#) | [Kids Eat Free Sunday](#)

Happy Birthday!

*** KIDS BIRTHDAYS ***

04/03 Sophia & Isabella Borros
04/06 Jacob & Frederick Mazzeo
04/12 Ava & Emma Price
04/25 Jacqueline & Samantha Whitaker

*** MOMS BIRTHDAYS ***

04/01 Sarah Krause
04/09 Tammie Whitaker
04/11 Kelley St. Clair

**Emerald Valley Mothers of Multiples Club
Membership Data Sheet**

Name: _____ Husband's Name: _____

Street Address: _____

City, Zip Code: _____

Telephone: () _____ E-Mail Address: _____

Your Birth Date: _____ Anniversary: _____

How did you find out about EVMOMC? _____

Multiples Names and Birth Date: _____

Other Children's Names and Birth Dates: _____

Hobbies, Interests, Special Talents: _____

To be completed by Club Officer:

Amount Paid \$ _____ New Mom's Packet Distribution Date: _____

For Club Year _____ Membership Chair Initials _____

Date _____ Newsletter Mailing List _____

Treasurer's Initials _____ Club Directory Distributed _____

BRIEF DESCRIPTION OF POSITIONS (updated 1/24/19)

PRESIDENT: Leads the monthly meetings and oversees all club activities. Participates in, and is the main contact for, Ohio Federation.

1st VP: Coordinates meeting activities (scheduling speakers, programs, etc.). Fills in for President when necessary. Responsible for filling positions for the following year.

2nd VP/MEMBERSHIP: Responsible for maintaining, updating and distributing all membership information. Handles all incoming membership requests from FB. Pairs mentees with mentors and oversees mentoring program.

TREASURER: Handles all monies that come in to or go out of club. Responsible for all banking and bill paying. Files all necessary paperwork. Checks and maintains post office box.

ALUMNI ADVISOR: Advises and assists current President as needed. Performs installation of new officers in May. This position should be the Immediate Past President if available or another past President.

TRUSTEE #1: Assists the club in parliamentary rules and regulations governing the club and by-laws. Handles Bylaw revision every odd number year.

TRUSTEE #2: Assists the Treasurer in bookkeeping, insurance policies, tax information and end of year audit. Maintains 7 years of financial records for the club.

FUNDRAISING (PRIMARY): Organizes at least one main fundraising event to raise money for club. (Reverse Raffle, Clothing Sale, Wing Ding etc)

FUNDRAISING (SECONDARY): Organizes periodic fundraisers throughout the club year to raise money for the club. (Restaurant Give Back Nights, Lottery Tickets or selling specific items such as cards, candy bars, candles, cookie dough etc)

HISTORIAN: Collects club papers, articles, reports and pictures to be organized into a keepsake scrapbook. Creates and presents a year end slideshow of pictures submitted from members to showcase their children, families and club events.

CHARITABLE WALK COORDINATOR: Helps organize a charity walk, fundraising efforts and/or will have 1 meeting available to them for discussion/education regarding the charity organization.

MOTHER of the YEAR: Manages mother of the year nominations. Coordinates and plans annual MOY dinner in May. Position held by previous year MOY when able.

NEWSLETTER: Receives and compiles newsletter information on a monthly basis and emails to members each month.

PARTIES: Coordinates up to 3 parties (fall, winter and spring) members and their families.

PHILANTHROPIC: Organizes the support we will give charities and/or local organizations throughout the year.

PUBLICITY OFFLINE: Coordinates and maintains hospital and clinic contacts. Distributes brochures/business cards to hospitals and clinics. Includes all face to face or phone communication. Finds new ways to promote Emerald Valley to the community.

PUBLICITY ONLINE: Coordinates and maintains all news releases to local papers and posts our linked site to other websites, Facebook groups, etc. Finds new ways to promote Emerald Valley to the community.

SOCIAL: Plans and coordinates various outings and activities for members and/or kids throughout the year and creates monthly social calendar.

SPECIAL NEEDS: Assists members who have children with special needs.

SUNSHINE: Sends cards, emails, etc. to members who are ill or have had major events occur within their lives.

WEBSITE: Monitors and maintains club website and Facebook pages. Helps new members with any technical issues.

TWINDSDAYS: Coordinates members to walk in annual Twinsdays parade and if desired, request assistance to create a float in accordance with the yearly Twinsdays theme.